NHS
Cornwall Partnership
NHS Foundation Trust

Emotional Support Service for people with neurological conditions

This service is provided by the Neurorehabilitation Team.

GREAT

Care | Organisation | People | Partner

Here to support you

Living with a neurological condition can affect your emotional wellbeing as well as your physical health. Our service provides specialist emotional support to help you manage the impact of your condition and improve the quality of your life.

What we offer

- A safe space to talk about your feelings and concerns.
- Support to manage stress, anxiety, and low mood.
- Help in adjusting to life changes and new challenges.
- Guidance for carers, family, and loved ones.
- Advice, information and signposting.

Some of the conditions we support

- Acquired brain injury.
- Ataxia.
- Cerebral palsy.
- Charcot-Marie-Tooth.
- Dystonia.
- Fibromyalgia.
- Functional neurological disorders.
- Guillain-Barré.
- Huntington's disease.
- Motor neurone disease.
- Multiple sclerosis.
- Muscular dystrophy.
- Myasthenia Gravis.
- Parkinson's.
- Peripheral neuropathy.
- Spina bifida.
- Spinal cord injury.

As well as most other neurological conditions.

Appointments

We offer flexible appointment options to suit your needs and circumstances. These include appointments by telephone, secure video or face-to-face.

Your appointment type can be discussed with you at the time of referral.

How to access the service

You can be referred to this service by a GP, a health professional (for example a nurse or therapist) or a social care professional.

Ask your GP or another professional involved in your care to make a referral on your behalf.

Number of sessions

We usually offer up to 6 sessions of emotional support, depending on your individual needs and goals. Your support plan will be discussed with you at the start of your sessions. We will then review your progress and needs together.

Get in touch

To find out more, Call us on **01209 318 106** or email **cft.neurologycareadviceservice@nhs.net**.

Share your feedback

We welcome your views, feedback and suggestions about how we can improve our service.

Share your experience: Email **cft.patientexperience@nhs.net** or visit **cornwallft.nhs.uk/patient-experience**

Get this information in another format:
Email **cftcommunications@nhs.net**

May 2026 (Review 2029). Produced by Communications Team (A025).
Cornwall Partnership NHS Foundation Trust.
Carew House, Beacon Technology Park, Dunmere Road, Bodmin, PL31 2QN.

Follow us on social media

GREAT

Care | Organisation | People | Partner